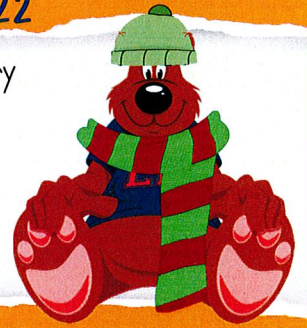


# Lettie Brown News

December 2022

Lettie Brown Elementary  
2550 N. Morton Ave.  
Morton, Illinois  
309-266-5309

24 hr. absence line  
309-284-1000



## - DECEMBER 2022 -

- 1 - Art Club; Student Council; MEC
- 2 - Popcorn Friday
- 5 - Taekwondo; MEC; Choir Concert  
@Bertha Frank
- 6 - Challenge; LB Christmas Program; Paw  
Pride Day
- 7 - **Early dismissal; Brown - 11:45**
- 8 - Chess Club; Art Club; MEC
- 12 - MEC
- 15 - Chess Club; MEC
- 20 - Classroom Christmas parties
- 21 - In-service 1/2 day; Brown 11:45  
dismissal**
- 12/22—1/6/23 - CHRISTMAS BREAK**

## - JANUARY 2023 -

- 1/9/23 Students return, Early dismissal;  
Brown - 11:45**
- January 10-February 10 - MAP testing**
- 12 - Chess Club, Student Council, MEC
- 13 - Popcorn Friday
- 16 - **No School - Martin Luther King Jr Day**
- 18 - School Spelling Bee
- 19 - Chess Club; MEC
- 20 - Lettie Brown PTO Bingo Night
- 23 - MEC
- 26 - Chess Club; MEC
- 30 - MEC; LB PTO Meeting 7pm



## Christmas Donations

Lettie Brown School and Student Council will be collecting new, unwrapped toys for children ages infant to 12 years old.

Toys will be distributed to children in Morton & Tazewell County by Toys for Tots and the United State Marine Corp Reserve.

Please bring your new, unwrapped toys to Lettie Brown by Wednesday, December 21st!



**COLD WEATHER IS HERE!** Students may only play in the snow if they have boots, snow pants, coat, & gloves.

**Reminder...** All Kindergarten-6th grade students go outside each day at noon recess unless there is precipitation or the temperature is below 10° wind-chill. Please be sure to send them with the proper clothing.



Thank you for your donations for the Food Drive. We collected **1278** items for We Care!



Anytime your child is absent, you need to call the school to report the absence on our 24 hour line.

**284-1000**



Please give the following information: student's name, teacher, reason for the absence, along with any homework requested

Follow our  
**Lettie Brown  
Elementary  
School**

Facebook  
page!



Each week we share updated school & district information, lots of classroom activities, and other fun things!

## MARK your CALENDAR!

Wednesday, December 21st - in-service for teachers in the pm, early dismissal (11:45)

Thursday, December 22nd - Friday, January 6th is Christmas break

Monday, January 9th - students return, staff in-service early dismissal day (11:45)

Monday, January 16th is Martin Luther King, Jr. Day - No school for students or staff

# PAW PRIDE AWARDS - NOVEMBER 2022

Respect - Responsibility - Safe - Engaged

## KBu

Rory W.  
Jamison G.

Evie O.

## KBr

Connor C.

Army S.

Lofton S.

Lola B.

Bella D.

Murphy W. (2)

Isla D.

## JS

Hayes G.

Cameron V.

## IW

Vaughn S.

Kaden P.

Nora M.

Elyse G. (2)

Merritt P. (2)

Leo C.

Ella M.

Gloria H.

Owen S.

## 2B

Griffin G.

Cambria S.

Parker S.

## 2T

Julia S.

Hudson S.

Elizabeth S.

Lennon O.

Ramsey M.

## 3Kirk

Blair P.

Violet O.

Selah D.

Quinn B.

Anna A.

## 3Knox

Jackson Z.

Raelyn B.

Mitchell P.

Colton S.

Asher M.

Natalie N.

Eden K.

Judah M.

## 4G

Aubrey C.

Gray G.

Grayson S.

Blythe S.

## 5F

Daniel G.

Kylie A. (2)

Drew K.

Asher M.

Annelise H. (2)

Gabby T.

Isla B.

Jarrett P.

Jози F.

## 5G

Lili G.

Harper P.

Elizabeth S. (2)

Elijah W. (2)

Brynn W. (2)

Camden O.

Danny F.

Lucy B.

Poppy J.

Colby O.

Phoebe H.

## 6G

Raef B. (2)

Cole R.

Jaret J. (2)

Abe H. (3)

Campbell B. (2)

Lee B.

## 6W

Caden S.

Jacob S.

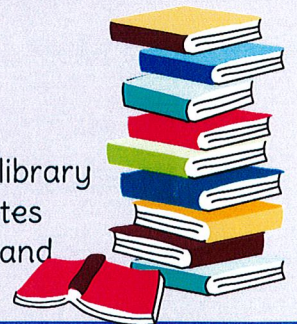
Thatcher H.

## A Note From The Library

Mrs. Zehr - Librarian

Lettie Brown student authors in 1st through 6th grades will have an opportunity to have their work displayed at Morton Public Library through a collaborative project. The project is called "Student Storytellers." Students can create their own books for display at the library. The books would be classified as "reference only," so no one would be able to check them out. They will only be available for viewing at the library. This is an optional project that students may choose to do if it is something they are interested in. Specific information such as due dates, book requirements etc. will be presented to the students in the library, and a note with all the pertinent information will be available to any interested students.

Once again, Lettie Brown will participate in the Monical's Pizza Reading Rewards program. The students will be bringing home a reading log with the specifics. Basically students read and record their minutes and return the reading log to the library to earn a Monical's coupon for a free pizza. The class with the highest total of minutes read will earn a pizza party. This is a great chance for students to read over break and earn a tasty prize.





# Lettie Brown PTO News



\*We appreciate all of our volunteers! We are in need of a Fast Food Night coordinator and an After School Club Coordinator. Please let us know if you are interested and we will get you more information!

\*Thank you for showing up at the Potters Alley fundraiser! This generated a little over \$900 for the PTO.

\*Spirit wear orders will be arriving in December!

\*Mark your calendar! La Gondola night will be on December 12th , Elevate on January 7th , and Bingo night on January 20th! Flyers will be coming home with students soon.

\*Come to a meeting and your child(ren) will be entered to win a gift card for their class! Meetings are held the last Monday of each month at 7pm. We will not be meeting in December; therefore, our next meeting is January 30th.

\*Follow us on Facebook and email us your questions or comments at [lettiebrownppto@gmail.com](mailto:lettiebrownppto@gmail.com)

\*Don't forget to sign up for AmazonSmile rewards and Kroger rewards!

## ANOTHER WAY YOU CAN HELP LETTIE BROWN SCHOOL IS BY ORDERING FROM **amazon**smile

- Register at [smile.amazon.com/ch/37-1270878](https://smile.amazon.com/ch/37-1270878)
- Check your profile to make sure Lettie Brown School PTO is your charitable organization
- Shop at [smile.amazon.com](https://smile.amazon.com) instead of amazon.com



Amazon donates 0.5% of the price of eligible Amazon Smile purchases

You can help Lettie Brown School by participating in the

## KROGER Community Rewards Program

- Register online at <https://www.kroger.com/i/community/community-rewards>
- Click on Create Account or Register (you will need your Kroger card number) & create a profile
- Select your Community Rewards to go to Lettie Brown PTO (organization #70347)

Kroger sends us a check (up to 5% of our purchases) quarterly for using your card at the Morton Kroger!

\*Please note - your enrollment in Community Rewards needs to be renewed each year.

If you have not done so recently, go to the link above & click on **Re-enroll Now**.



**The Lettie Brown Staff Wishes Your Family A  
Wonderful Holiday Season**



**Why are Christmas  
Trees so bad  
at sewing**

**They are always  
dropping their  
needles.**

**What do Snowmen  
eat for breakfast?**

**Ice Crispies.**



**What does the  
Gingerbread Man  
use to make his bed?**

**Cookie Sheets!**



**Where does a  
snowman keep his  
money?**



**A snow  
bank.**

This year, we have added a number of new strategies to teach social/emotional skills at Lettie Brown. We are planning to highlight those strategies in the newsletter each month.

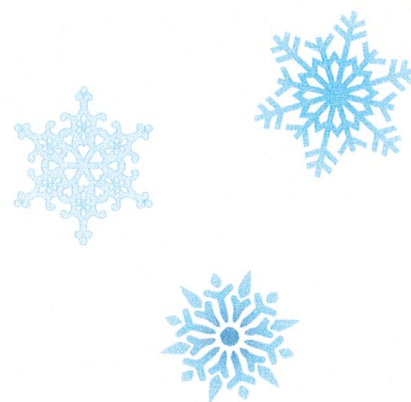
**Focus 1: Essential Skills (Sept. & Oct. Newsletters)**

**Focus 2: We Wish You Well (Nov. Newsletter)**

**Focus 3: Zones of Regulation:** At the beginning of the school year, our social worker, Mrs. Steiner, and our school psychologist, Mrs. Baker, presented classroom lessons on the Zones of Regulation. The Zones of Regulation is a systematic, cognitive behavioral approach to teach self-regulation by becoming aware of our states of alertness and feelings, which are divided into four color zones (see below). The Zones of Regulation helps students to effectively identify and communicate their feelings in a healthy way, provides specific tools/strategies to help students regulate, creates a consistent way to communicate between students and staff, and makes learning to regulate more concrete for students.

### Goals of Zones of Regulation:

- Teaches students to identify their feelings
- Teaches when and how to use tools
- Increases emotional vocabulary
- Teaches how behaviors influence and impact others
- Provides effective regulation tools
- Teaches how to problem solve with positive solutions
- Helps to determine problem size and appropriate reactions
- **Ultimate Goal:** Independent regulation



### Incorporating Zones at Home:



- Use Zones language to identify how you feel. "I am frustrated. I am in the yellow zone."
- Talk about what tools you will use to be in the appropriate zone.
- Label what zone your child is in when you see it.
- Discuss zones that you notice in characters of books or shows.
- Practice coping strategies when your child is in the green zone.
  - "It is time for bed, let's read a book together to get in the blue zone."
- Remember, you cannot change how your child feels, but you can help guide them through that feeling.
- Talk about situations and zones that may be expected in those situations. Ask if the behaviors are expected versus unexpected.
- Share how their behavior affects the zone that you are in.

As always, let us know if you have any questions, and thank you for your support!

*Faith Waterfield, Principal*  
*Laura Steiner, School Social Worker*  
*Alyson Baker, School Psychologist*

The ZONES of Regulation™ Reproducible E The Zones of Regulation Visual

## The ZONES of Regulation™

			
			
<b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Relaxed	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control