



Morton School District Elementary Lunch Menu

January 2020



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| | | 1 | 2 | 3 |
| | | No School Christmas Break | No School Christmas Break | No School Christmas Break |
| 6 | 7 Lucky Tray Day | 8 | 9 Birthday Cookie Day | 10 |
| *Bacon Cheeseburger Or Turkey Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges |  <i>Fajita Chicken</i> <i>Cheddar Quesadilla</i> Or Hot Diggity Dog BBQ Baked Beans Fresh Pico Salsa Sweet Pears | Half Day No Lunch | Waffle w/Scrambled Eggs Or Yogurt & Cheese Fun Meal Potato Smiles Broccoli Buds Blueberries | Cheese Pizza Or **Chili Cheese Fries Golden Corn Carroteenies w/dip Juicy Mixed Fruit |
| 13 Breakfast for Lunch | 14 | 15 Way Cool Wednesday | 16 Lucky Tray Day | 17 |
| Fluffy Pancakes w/Sausage Patty & Syrup Or Juicy Hamburger Oven Fries Sliced Cucumbers Chilled Peaches | Fiesta Nachos with Taco Meat & Cheese Sauce Or Crispy Chicken Sandwich Seasoned Black Beans Fresh Zesty Salsa Cinnamon Pears | Mini Corny Corn Dogs Or **Chicken Alfredo Bake Romaine Salad w/Dressing Tiny Tomatoes Blue Raspberry Slushie | **Popcorn Chicken Or *BBQ Rib Sandwich Mashed Potatoes w/Gravy Carroteenies w/Dip 100% Fruit Juice | *Sausage Pizza Or Hot Diggity Dog Seasoned Green Beans Broccoli Buds Blueberries |
| 20 | 21 | 22 | 23 Breakfast for Lunch | 24 Lucky Tray Day |
| No School Martin Luther King Jr Day | Soft Shell Tacos Or Chili Cheese Dog Glazed Carrots Sliced Cucumbers Chilled Peaches | **Seasoned Chicken Tenders Or **Salisbury Steak Mashed Potatoes w/Gravy Sweet Corn Fresh Red Apple | French Toast Sticks w/Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes 100% Fruit Juice | Pizza Dippers w/Garden Marinara Or Crispy Chicken Sandwich BBQ Baked Beans Broccoli Buds Hot Baked Apples |
| 27 Lucky Tray Day | 28 | 29 Way Cool Wednesday | 30 | 31 |
| Rotini w/Italian Meat Sauce Garlic Bread Or *Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears |  <i>Walking Taco Scoops</i> Or Juicy Cheeseburger Refried Beans Celery Sticks w/Dip Blueberries | Fluffy Pancakes w Scrambled Eggs & Syrup Or Hot Diggity Dog Glazed Carrots Baked Potato Puffs Chilled Peaches | Crispy Chicken Sandwich Or Mini Corny Corn Dogs Mashed Potatoes w/Gravy Broccoli Buds Cinnamon Applesauce | *Sausage Pizza Or Meatball Bomber Sub Seasoned Green Beans Carroteenies w/Dip Fresh Orange Smiles |

Lunch
\$2.70
Milk is
included with
Meal

Milk
\$0.50
A Variety of
Milk is Offered
Daily

Questions about the menu?
Kristina Klein
kristina.klein@mcusd709.org
309-284-6320

For more information
or to "Ask the Dietitian",
check out our website!



Arbor Signature Recipe

Available Daily :

CRISPY CHICKEN SALAD
OR
JUMBO CORN DOG

(*) Contains Pork
(**) Served With Whole Grain Bread
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.